



MindfullAus

The most relatable, authentic and engaging tailored speaking engagements for your environment.

SPEAKER PLUS +

WE ARE BUILT FROM LIVED EXPERTISE

Our speakers are trained lived experience & qualified professional speakers that are recognised on an international scale, having spent time delivering workshops and speaking engagements across Australia, America & Canada.

Speaker PLUS + Our Keynote Speaking Engagements can be altered to suit your requirements and needs. Given time, topics, online, in-person, interactive or normal delivery. Our authentic, relatable and enthusiastic presentations bring hope, acceptance and light back to a topic that has for a long time been avoided.

Speakers engage with the audience to better understand the complexities of mind and behavioural health but more importantly the tools, strategies and techniques available to us to live a healthy, happy and fulfilling life.

Speaking opportunities, programs & workshops are negotiable and tailored with both pricing and time allocated. Every talk is an opportunity to make a difference, so don't hesitate in enquiring today. Watch the magic unfold in your environment.



THE TOPICS WE SPEAK ABOUT

- ✓ Mind and behavioural health
- ✓ Resilience
- ✓ Holistic & Strength Based Wellness
- ✓ Self worth & Value Alignment
- ✓ Communication & Connection
- ✓ Parenting
- ✓ Suicide prevention
- ✓ Child & Parent Relationships
- ✓ Addiction
- ✓ Mindset
- ✓ Leadership

“
I've seen a lot of speakers and been involved in many confronting and unique development situations and that was ands down the best facilitation 've witnessed and experienced I've been involved in ou're exceptional at what you do.
 ”
MANAGER LULULEMON

Mindfull Aus has a speaking platform with over **20+ credible**, trained and professional speakers of varied experience, backgrounds and expertise- tailored to your environment

